Steps For Training Bite Inhibition In Puppies

- 1. First, the hardest part, let your puppy bite on your hand. As soon as he bites a little too hard you need to screech OUCH, and immediately leave the room for 1-2 minutes. Puppies understand the screech as this is similar to the noise their litter mates would make. By leaving the room you are again mimicking the reaction other puppies would give to a puppy that is biting too hard. He will be isolated.
- 2. When you return, continue the play and let him bite you again.
- 3. If he bites hard again, repeat the process. In fact, you will need to repeat this again and again but your pup should eventually get it and start biting softer.
- 4. Next step, is to start to screech OUCH when he is biting softer, and again leave the room. Your puppy will soon learn that even his reduced bite strength is biting too hard. The result for him is that the play stops and he is left alone which most puppies won't like. Be sure not to make it longer than 2 minutes otherwise he will have forgotten what he did in the first place!
- 5. Again, repetition is required before your puppy should start to bite even softer.
- 6. Multiple people should now practice this with your puppy, excluding children of course.
- 7. Once your puppy is consistently biting softer it shows he is demonstrating self-control and you can start to screech OUCH and leave the room for even softer bites.
- 8. Repeat these steps gradually teaching the puppy to bite softer and softer until he mouths with very little pressure.
- 9. Once he has got this and is biting with very little pressure, you can teach him "no bite" command by redirecting him to a chew toy or other toy when he goes to bite you, saying the command "no bite".